

January 2026 Memory Care Activity Calendar - Monthly



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Location Keys
Activity Room 1 AR1
Activity Room 2 AR2
Lobby L
Tavern T

DA *Discover Adventure
FB *Find Balance
GB *Give Back
LI *Live Inspired
MC *Maintain Connections
SK *Seek Knowledge
SS *Stay Strong
🦋 Spiritual

"Yesterday was not your defining moment. The calendar moved forward; why not you?"
— Dr. Steve Maraboli

New Year's Day 1
AM **SS** AM Stroll
AM **SS** Home Stretch Derby
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Senior Strong [AR2]
AM **SK** Jingle Jumble
PM **SK** News Years Day Bingo [AR2]
PM **MC** New Year New You Social [T]
PM 🦋 Daily Devotions

2
9:00 Chair Tai Chi with Patrick
AM **SS** AM Stroll
AM **SS** Infusion Bar
AM **SS** Belly Crunch Time! [AR2]
AM **SK** Daily Chronicle
AM **SK** Fact or Fiction [AR2]
AM **SK** Higher or Lower
PM **MC** Trips and Travels
PM **SK** Uno [AR2]
PM **MC** Fireside Chat
PM 🦋 Tablet for relaxation
PM **SK** Montessori Life

3
AM **SS** AM Stroll
AM **SS** Shaker Dancing
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Jazzercise Class w/ Rene [AR2]
AM **SK** A World of Good-News
PM **MC** Be Our Guest
PM **SK** Bingo For Fun! [AR2]
PM **GB** Puzzle Club
3:00 **MC** Concession Stand [T]
3:30 **DA** Saturday Movie Magic: "The Devil Wears Prada"
PM 🦋 Music in Motion

4
AM **SS** AM Stroll
AM **SS** Bowling
9:30 **LI** Catholic Holy Communion and Prayer Service
AM **SS** Infusion Bar
AM **LI** Chair Yoga [AR2]
AM **SK** Daily Chronicle
AM **SK** Pictionary
1:00 **LI** Sunday Service with Brooks & Joy
PM **GB** World of Color
PM **FB** Tea Social [T]
PM 🦋 Meditation Circle

5
AM **SS** AM Stroll
AM **SS** Meditation and Relaxation
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SK** Exercise Essentials [AR2]
11:00 **LI** Wood Creations with Dave [AR2]
PM **GB** Collaborative Fairy Garden
3:30 **MC** Ice Cream Social [T]
PM **MC** I Love Lucy
PM **GB** Let's Talk Activities [T]
PM 🦋 Mindfulness Meditation

6
AM **SS** AM Stroll
AM **SS** TacTic Toss
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
10:30 **SK** Music Bingo with Glenn Kramer [AR2]
AM **SK** Opposites
PM **SK** Left Right Center [AR1]
PM **GB** Food Art
3:30 **MC** Karaoke Time!
PM **MC** Armchair Travel: Ireland
PM 🦋 Weekday Worship: Favorite Hymns
PM **FB** Timeless Melodies Choir Club

7
AM **SS** AM Stroll
AM **SS** Seated Qigong Tai Chi and Yoga
AM **SS** Infusion Bar
AM **DA** Scenic Drive! [L]
AM **SK** Daily Chronicle
AM **SK** Treeval Word Game: US Presidents
PM **SK** Poker Club [AR1]
PM **GB** Creature Craft
3:30 **MC** Happy Hour: Guitarist Jimmy Patton [T]
PM **MC** Freerice
PM 🦋 Chicken Soup for the Soul
PM **FB** Chapter Chat

8
AM **SS** AM Stroll
AM **SS** Irish Chair Dance
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Senior Strong [AR2]
AM **SK** Finish The Phrase Game
PM **SK** Card Bingo [AR1]
PM **GB** Crafty Club: Jewelry Making
3:30 **DA** Sing with Me [T]
PM **MC** Beautiful Blossoms Game
PM 🦋 Sentimental Serenity

9
Spirit Day: Mismatch Day
9:00 Chair Tai Chi with Patrick
AM **SS** AM Stroll
AM **SS** Infusion Bar
AM **SS** Belly Crunch Time! [AR2]
AM **SK** Daily Chronicle
AM **SK** Fact or Fiction [AR2]
AM **SK** Stick figure story telling
PM **MC** Trips and Travels
PM **GB** Bird feeders
PM **MC** Fireside Chat
PM 🦋 Prayer or group spiritual reading
PM **SK** Montessori Life

10
AM **SS** AM Stroll
AM **SS** Seated Soccer / "Football"
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Jazzercise Class w/ Rene [AR2]
AM **SK** A World of Good-News
PM **MC** Be Our Guest
PM **SK** Bingo For Fun! [AR2]
3:00 **MC** Concession Stand [T]
3:30 **DA** Saturday Movie Magic: "Under the Tuscan Sun"
PM **MC** Sunshine and Sing-a-long
PM 🦋 Music in Motion

11
AM **SS** AM Stroll
9:30 **LI** Catholic Holy Communion and Prayer Service
AM **SS** Kickball
AM **SS** Infusion Bar
AM **LI** Chair Yoga [AR2]
AM **SK** Daily Chronicle
AM **SK** Finishing Lyrics and Finishing Lines
1:00 **LI** Sunday Service with Brooks & Joy
PM **SK** Bingo [AR2]
PM **GB** World of Color
PM **FB** Tea Social [T]
PM 🦋 Meditation Circle

12
AM **SS** "Dear Diane" Letter Writing
AM **SS** AM Stroll
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SK** Exercise Essentials [AR2]
11:00 **LI** Wood Creations with Dave [AR2]
AM **SK** Name that Noise
PM **GB** Scratch and Design
3:30 **MC** Margarita Monday [T]
PM **MC** Wacky Weeding
PM 🦋 Daily Devotions

13
AM **SS** AM Stroll
AM **SS** Bean Bag Toss
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Fun & Fitness [AR2]
AM **LI** Pictionary with Artist Rene [AR2]
AM **SK** Tape Art
PM **SK** Left Right Center [AR1]
PM **GB** Makeover Madness Photo Shoot
3:30 **MC** Karaoke Time!
PM **MC** Share the Good News
PM 🦋 Weekday Worship: Favorite Hymns
PM **FB** Timeless Melodies Choir Club

14
AM **SS** AM Stroll
AM **SS** Balloon Toss
AM **SS** Infusion Bar
AM **DA** Scenic Drive! [L]
AM **SK** Daily Chronicle
AM **GB** Love on a Leash
AM **SK** Poetry Pals
PM **SK** Poker Club [AR1]
PM **GB** Thank You Cards for Elementary Students
PM **MC** Dirt cups
PM 🦋 Sentimental Serenity
PM **FB** Chapter Chat

15
National Strawberry Ice Cream Day
Spirit Day: Pink and Red
AM **SS** AM Stroll
AM **SS** Octaband
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Senior Strong [AR2]
AM **SK** History Highlights
PM **SK** Card Bingo [AR1]
3:30 **MC** Strawberry Ice Cream Sunday Social [T]
PM **MC** Seasonal Celebration
PM 🦋 Chicken Soup for the Soul

16
9:00 Chair Tai Chi with Patrick
AM **SS** AM Stroll
AM **SS** Bag Toss
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SK** Fact or Fiction [AR2]
PM **MC** Trips and Travels
PM **SK** Uno [AR2]
PM **GB** Food on the griddle
PM **MC** Fireside Chat
PM 🦋 Prayer or group spiritual reading
PM **SK** Montessori Life

17
AM **SS** AM Stroll
AM **SS** Seated Aerobics
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Jazzercise Class w/ Rene [AR2]
AM **SK** A World of Good-News
PM **MC** Be Our Guest
PM **GB** Puzzle Club
3:00 **MC** Concession Stand [T]
3:30 **DA** Saturday Movie Magic: "Cool Runnings"
PM **MC** Patio Put-Put
PM 🦋 Mindfulness Meditation

18
AM **SS** AM Stroll
9:30 **LI** Catholic Holy Communion and Prayer Service
AM **SS** Chair Dance
AM **SS** Infusion Bar
AM **LI** Chair Yoga [AR2]
AM **SK** Daily Chronicle
AM **SK** Taste-testing
1:00 **LI** Sunday Service with Brooks & Joy
PM **GB** World of Color
PM **FB** Tea Social [T]
PM 🦋 Tablet for relaxation

19
Martin Luther King, Jr. Day
AM **SS** AM Stroll
AM **SS** Sit and Be Fit
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SK** Exercise Essentials [AR2]
11:00 **LI** Wood Creations with Dave [AR2]
AM **SK** MindStart Puzzling
PM **GB** No-bake items
PM **MC** Cookies and Conversations
PM 🦋 Meditation Circle

20
AM **SS** AM Stroll
AM **SS** Sittercise
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **LI** Pictionary with Artist Rene [AR2]
AM **SK** Popsicle stick trees
PM **SK** Left Right Center [AR1]
PM **GB** Scented dough claytonary
3:30 **MC** Karaoke Time!
PM **MC** Cookie Decorating
PM 🦋 Music in Motion
PM **FB** Timeless Melodies Choir Club

21
AM **SS** AM Stroll
AM **SS** Zumba Gold
AM **SS** Infusion Bar
AM **DA** Scenic Drive! [L]
AM **SK** Daily Chronicle
11:00 **LI** Craft Corner: Olympic Rings [AR2]
PM **SK** Poker Club [AR1]
PM **GB** Make popsicles
3:30 **MC** Happy Hour: Entertainer Vincent Young [T]
PM 🦋 Prayer or group spiritual reading
PM **FB** Chapter Chat

22
Spirit Day: Winter White Day
AM **SS** AM Stroll
AM **SS** HORSE
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Senior Strong [AR2]
AM **SK** Group Rhyme
PM **SK** Card Bingo [AR1]
PM **GB** Nursing Life Station
PM **MC** Prize Bingo
3:30 **MC** Winter Tea Party [T]
PM **MC** Sunshine Social
PM 🦋 Chicken Soup for the Soul

23
9:00 Chair Tai Chi with Patrick
AM **SS** AM Stroll
AM **SS** Ageless Grace
AM **SS** Infusion Bar
AM **SS** Belly Crunch Time! [AR2]
AM **SK** Daily Chronicle
AM **SK** Fact or Fiction [AR2]
PM **MC** Trips and Travels
PM **GB** Get Crafty Welcome Sign
PM **MC** Fireside Chat
PM 🦋 Sentimental Serenity
PM **SK** Montessori Life

24
AM **SS** AM Stroll
AM **SS** Frisbee Golf
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Jazzercise Class w/ Rene [AR2]
AM **SK** A World of Good-News
PM **MC** Be Our Guest
PM **SK** Bingo For Fun! [AR2]
PM **GB** Puzzle Club
3:00 **MC** Concession Stand [T]
3:30 **DA** Saturday Movie Magic: "The Cutting Edge"
PM **MC** Happy Trails
PM 🦋 Tablet for relaxation

25
AM **SS** AM Stroll
9:30 **LI** Catholic Holy Communion and Prayer Service
AM **SS** Lively Drumming
AM **SS** Infusion Bar
AM **LI** Chair Yoga [AR2]
AM **SK** Daily Chronicle
AM **SK** Link Think
1:00 **LI** Sunday Service with Brooks & Joy
PM **GB** World of Color
PM **MC** Green Thumb Gardeners
PM **FB** Tea Social [T]
PM 🦋 Weekday Worship: Favorite Hymns

26
AM **SS** AM Stroll
AM **SS** Mimicked stretching
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SK** Exercise Essentials [AR2]
11:00 **LI** Wood Creations with Dave [AR2]
AM **SK** Name That Tune
PM **GB** Folding towels
3:30 **MC** Meet & Greet and Birthday Social [T]
PM **MC** Armchair Travel: France
PM 🦋 Daily Devotions

27
AM **SS** AM Stroll
AM **SS** Table Ball / Table Pong
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Fun & Fitness [AR2]
AM **LI** Pictionary with Artist Rene [AR2]
AM **SK** Map it Out
PM **SK** Left Right Center [AR1]
3:30 **MC** Karaoke Time!
PM **MC** Blessed Blooms Club
PM 🦋 Mindfulness Meditation
PM **FB** Timeless Melodies Choir Club

28
Spirit Day: Decades Day
AM **SS** AM Stroll
AM **SS** Senior Stretch
AM **SS** Infusion Bar
AM **DA** Scenic Drive! [L]
AM **SK** Daily Chronicle
11:00 **LI** Craft Corner: Starry Night [AR2]
PM **SK** Poker Club [AR1]
PM **GB** Pinch Pot Pottery
3:30 **MC** Happy Hour: DJ AI [T]
PM **MC** Planet Earth
PM 🦋 Tablet for relaxation
PM **FB** Chapter Chat

29
AM **SS** AM Stroll
AM **SS** Baget Golf
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Senior Strong [AR2]
AM **SK** Word Search with Friends
PM **SK** Card Bingo [AR1]
PM **GB** Fruit Cake Creation
4:00 **MC** Italian Dinner Under the Stars
PM 🦋 Music in Motion

30
9:00 Chair Tai Chi with Patrick
AM **SS** AM Stroll
AM **SS** Volleyball
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SK** Fact or Fiction [AR2]
PM **MC** Trips and Travels
PM **GB** Cooking Club: Smooth Moves
PM **MC** Fireside Chat
PM 🦋 Meditation Circle
PM **SK** Montessori Life

31
AM **SS** AM Stroll
AM **SS** Sports Moves
AM **SS** Infusion Bar
AM **SK** Daily Chronicle
AM **SS** Jazzercise Class w/ Rene [AR2]
AM **SK** A World of Good-News
PM **MC** Be Our Guest
PM **GB** Puzzle Club
3:00 **MC** Concession Stand [T]
3:30 **DA** Saturday Movie Magic: "The Italian Job"
PM **MC** Wheel of Fortune
PM 🦋 Sentimental Serenity