

Tuscan Hills

January
2026



Monthly Events

- Jan. 6th @ 3:30: Ice Cream Social / Tavern
- Jan. 7th @ 3:30: Happy Hour with Jimmy Patton/ Tavern
- Jan. 12th @ 3:30: Margarita Monday/ Tavern
- Jan. 14th @ 11:00: Love on a Leash/ Act. RM 2
- Jan. 21st @ 3:30: Happy Hour with Vincent Young/ Tavern
- Jan. 26th @ 3:30: Meet and Greet Birthday Social/ Tavern
- Jan. 28th @ 3:30: Happy Hour with DJ Al/ Tavern
- Jan. 29th @ 4:00: Italian Dinner Under the Stars

January's Movie List 3:30pm. Theater

- Jan. 3rd: The Devil Wears Prada
- Jan. 10th: Under the Tuscan Sun
- Jan. 17th: Cool Runnings
- Jan. 24th: The Cutting Edge
- Jan. 31st: The Italian Job



Crafty Crafters

*"When life gives you winter,
make hot chocolate."*

The Arrival of Winter



The onset of colder weather is a nearly universal experience, regardless of whether one resides in the temperate climate of Southern California or the changeable New England region. The human body's response to these temperature shifts is a subject of scientific interest.

One common observation during cold weather is the difficulty in warming up the hands and feet. This physiological response involves vasoconstriction, where blood vessels constrict to redirect blood flow to the body's core, resulting in a slight chill in the extremities. Subsequently, shivering occurs as a mechanism for rapid heat generation. When cold is detected by skin sensors, the brain triggers muscle contractions to produce heat, showcasing the remarkable adaptability and resilience of the human body in the face of cold weather.



Happy Birthday to You!

- Marta T. 1/1
- Herbert H. 1/2
- Mary P. 1/7
- Arthur C. 1/9
- John A. 1/25
- Jeanelle B. 1/26
- Lawrence S. 1/28

